

Kinesiology/LEAD

2025-2026 Course Information

*Syllabus for each course applies to all sections unless otherwise specified.

**Spring course syllabi will be available at the beginning of the spring semester

KINESIOLOGY

Transfer Courses

[PHED 1301 Foundations of Kinesiology](#)

[PHED 1304 Personal/Community Health](#)

[PHED 1306 First Aid](#)

[PHED 1321 Coaching/Sports/Athletics I](#)

[PHED 1338 Concepts of Physical Fitness](#)

[PHED 1346 Drug Use and Abuse](#)

[PHED 2356 Care & Prevention of Athletic Injuries](#)

[PHED 1105 Weight Training and Conditioning](#)

[PHED 1106 Physical Conditioning](#)

[PHED 1107 Fitness Walking](#)

[PHED 1108 Varsity Athletics](#)

[PHED 1109 Varsity Athletics](#)

[PHED 1112 Aquatic Conditioning](#)

[PHED 1120 Spinning](#)

LEAD

Career and Technical Courses

[LEAD 1100 Workforce Development with Critical Thinking](#)